















ALLERGEN AWARENESS CHECKER - ZEST CATERING - FUTURA LEARNING PARTNERSHIP

WEEK 1 MENU – TWO RIVERS CofE PRIMARY – FEBRUARY 2024

















DISHES														
WEEK 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk/ Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
MONDAY														
MACARONI CHEESE		✓					✓							
CHEESE AND TOMATO OMELETTE				✓			✓							
GARLIC BREAD		✓					✓					M		
GREEN BEANS														
ICED SHORTBREAD SLICE		✓												
TUESDAY														
CHICKEN AND STUFFING PIE		✓												
CHEESE FLAN		✓		✓			✓							
MASHED POTATO														
PEAS														
BLUEBERRY MUFFIN		✓		✓										
WEDNESDAY														
ROAST PORK WITH APPLE SAUCE														
QUORN SAUSAGES		✓												
ROAST POTATOES														
CARROTS														
BROCCOLI														
GRAVY														
CHEESE AND CRACKERS		✓					✓							

ALLERGEN AWARENESS CHECKER - ZEST CATERING - FUTURA LEARNING PARTNERSHIP

WEEK 2 MENU – TWO RIVERS CofE PRIMARY – FEBRUARY 2024

















DISHES														
WEEK 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk/ Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
MONDAY														
CHEESE & TOMATO PIZZA		✓					✓							
VEGETABLE PASTA BAKE		✓					✓							
POTATO WEDGES														
SWEETCORN														
PINEAPPLE CAKE		✓		✓										
TUESDAY														
MILD CHICKEN CURRY	✓	M							M					
VEGETABLE CURRY	✓	M							M					
BASMATI RIICE														
GREEN BEANS														
CHOCOLATE BROWNIE		✓		✓										
WEDNESDAY														
ROAST GAMMON														
STUFFING		✓												
VEGETABLE SAUSAGES													✓	
MASHED POTATOES														
CARROTS														
PEAS														
GRAVY														
FRUIT YOGURT POT							✓							

ALLERGEN AWARENESS CHECKER - ZEST CATERING - FUTURA LEARNING PARTNERSHIP

WEEK 3 MENU – TWO RIVERS CofE PRIMARY – FEBRUARY 2024



DISHES														
WEEK 3	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
MONDAY														
TOMATO & VEG SAUCE														
VEGGIE COTTAGE PE													✓	
PASTA		✓												
BROCCOLI														
GINGERBREAD MAN		✓					M						M	
TUESDAY														
PRIME BEEF BURGER		✓											✓	✓
VEGETABLE BURGER		✓					M		✓					
POTATO WEDGES														
PEAS														
VANILLA AND BUTTERCREAM TRAY BAKE		✓		✓										
WEDNESDAY														
ROAST CHICKEN														
STUFFING		✓												
QUORN FILLET		✓												
ROAST POTATOES														
CARROTS/PEAS														
GRAVY														
TRIFLE		✓		✓			✓							

